



Welcome to
Mama Chea Cafe

Vegan Juice & Market

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BREAKFAST & BAGEL

BURGERS & GREENS



Fresh Vegan Lox/ Cream Cheese \$19.99

Vegan Lox Bagel featuring house-made carrot lox served on a NY Style large vegan bagel. Accompanied by a choice of French Fries or sweet potato fries(+\$2). **Optional additions+ include Capers & Red Onions + \$2.50**



Hunny Ham Melt Sandwich \$18.99

Vegan toast adorned with vegan cheese, house-made Hunny Ham crafted with real carrots, Shredded Kale, Balsamic Glazed & Sun Dried Tomatoes, accompanied by a choice of crispy fries or sweet potato fries(+\$2)

Italian Walnut MeatBalls Melt Sub \$18.99

Italian Bread, 8 inches of pure delight topped with 3 jumbo Walnut Meatballs smothered in our house crafted signature Vodka Creamy Sauce crafted from fresh Carrots & Tomatoes



4 Stuffed Tostones Plantain \$17.99

- Tostones Cup stuffed w/ BBQ Jackfruit & caramelized sweet onions.
- Tostones Cup stuffed w/ Grounded Walnut w/ Olives & purple cabbage, cilantro & purple onions in sauce (+ \$2.75)



Salmon Melt Panini \$14.99

Vegan toast topped with vegan cheese, house made Carrot Lox from real carrots, balsamic glazed and sun-dried tomatoes

Hunny Ham Melt Panini \$13.99

Vegan toast topped with vegan cheese, house-made Hunny Ham from real carrots, balsamic glazed and sun-dried tomatoes

Nikki's Trio's Burger \$24.99

Loaded Vegan Jackfruit and consists of purple cabbage, cilantro, BBQ sauce, ketchup, sweet plantain, vegan chipotle mayo, & a slice of vegan cheese. This dish is served with a choice of French fries or sweet potato fries (+\$2)



Pulled Jackfruit Burger w/ Fries \$22.99

Tasty jackfruit, purple cabbage, sweet plantain, and vegan chipotle mayo served on a fresh Pretzel, accompanied by a choice of French fries, sweet potato fries(+\$2) or a side salad.



Nikki's Supreme Loaded Tacos \$21.99

(3) Fully Loaded Tacos: A vegan option featuring jackfruit, purple cabbage, cilantro, chopped sweet plantain on soft tortilla, complemented with shredded vegan cheese.

Additionally, the option to include burger meat or walnut meat is available for an additional \$2.75



The Cheá Burger w/ Fries \$21.99

In House Burger, Purple Cabbage, slice of vegan cheese, Vegan chipotle mayo all on a Fresh Burger Pretzel Bun w/French Fries or Sweet Potatoes fries (+\$2)

Walnut Hippie Burger \$18.99

The Fresh Burger on a Pretzel Bun with Gourmet Walnut Meat is accompanied by purple cabbage, a slice of vegan cheese & vegan chipotle mayo.

LOADED SUPREME TACO SALAD \$23.00

Mix together greens, purple cabbage, cilantro, black beans, corn, carrots, tomatoes, jackfruit & chipotle sauce.

ALL GLUTEN BREADS ADD ON + \$3.95

VEGAN EMPANADAS \$6.75 Or Assortment of 6 \$35.00

Grounded Walnut Meat

BBQ Jackfruit

Hunny Ham & Cheese

Pizza Meatballs



SIDE DISH

NACHO CHEESY FRIES- \$13

BAKED SWEET POTATOES FRIES-\$8

BAKED POTATOES FRIES-\$7

HUMMUS & FALAFEL (5 PCS)- \$12

MAC & CHEESE- \$10 (8 OZ) OR \$14 (16 OZ)

WALNUT MEATBALLS - \$8.00 (3 PCS)

SWEET PLANTAINS- \$7 (4PCS)

FRESH VEGAN HOUSE SOUPS 8 OZ- \$ 12.00 | 16 OZ-\$ 16.00

NIKKI'S CHILI

TRIO LENTIL & MUNG SOUP

SANCOCHO VEGGIE ROOTS SOUP

SWEET PASTRIES

Vegan Baked Goods

CHIA PUDDING- \$10

VEGAN FLAN CUSTARD- \$8.00

RICE PUDDING (ARROZ CON LECHE)-\$10.00

RAW ALMOND HEMP DATE BITES (4PCS)- \$10.00

RICH BELGIAN CHOCOLATE CHEESECAKE- \$7.50

LEMON RASPBERRY CHEESECAKE- \$7.50

FLAVORED CHOCOLATE CHIP COOKIE- \$5.50

FRESH CHOCOLATE CHIP COOKIE- \$5.75

APPLE TURNOVER- \$7.50

XL JUMBO CINNAMON ROLL- \$14.00

VEGAN MACARONS

\$4.50 (EACH)

BIRTHDAY CAKE

BLOSSOM JASMINE

HOLIDAY PINEAPPLE

HAZELNUT PISTACHIO



ALMOND LATTE

RED VELVET

VANILLA BEAN

GLUTEN FREE MADE WITH ALMOND FLOUR

SUPERFOOD SMOOTHIES * 16 oz \$13.00

GREEN BOOST ENERGY

BANANA- HEMP SEED- KALE- SPIRULINA - ALMOND MYLK

MY LISSY BERRIES FIELD!

MIX BERRIES, HEMP SEEDS MYLK, PEANUT BUTTER & DATES.

ZEN ZAP MANGO!

MANGO- BANANA- HEMP SEEDS- DATES- ALMOND MYLK

COCO CLOUDS!

COCONUT SHREDDED - BLUE MAJIK - HEMP SEEDS- BANANAS- DATES

U IZ NUTTY!

HEMP SEEDS- CASHEW - SUNFLOWER SEEDS- PEANUT BUTTER- CACAO- DATES

FANCY ERICA STRAWPINE!

STRAWBERRY- BANANA- PINEAPPLE- ALMOND MYLK

THE PROTEIN FARMER!

BANANA- PROTEIN- HEMP SEED- ALMOND MYLK

GLOW SEAMOSS GODDESS

POMEGRANATE- BANANA- HEMP SEEDS- SEAMOSS GEL- ALMOND MYLK

CREATE YOUR OWN!

PICK ANY 4 FRUITS, VEGGIES AND NUTS

SHOTS

*SEAMOSS GINGER SHOT 2 OZ-\$6.00

*PURE GINGER SHOT (2 OZ) \$5.00

*PURE GINGER + TURMERIC SHOT (2 OZ) \$5.50

COLD PRESSED JUICES * 16 oz \$14.00

GREEN BOOSTER

CELERY- KALE- SPINANCH- GINGER

GUT DETOX

APPLES- LEMON- LIME- CELERY

LIQUID GOLD

PINEAPPLE- TURMERIC- GINGER- LEMON

PRANA SUNRISE

CARROTS- TURMERIC- GINGER- RED BEETS

WAKE ME UP!

CELERY-LEMON- APPLES- CARROTS

CREATE YOUR OWN!

PICK ANY 4 FRUITS OR VEGGIES



ADDITIONAL BOOSTER ADD ON*

- NUTS, FRUITS & VEGETABLES- \$1.50 EACH (SUNFLOWER-CASHEWS-ALMOND- PEANUT-DATES- PUMKIN SEEDS-CHIA SEEDS- HEMP SEEDS
- SEAMOSS GEL- \$3.00 (1 SCOOP)
- VEGAN PROTEIN POWDER- \$3.50 (1 SCOOP)
- 10 SUPERFOODS MUSHROOMS POWDER- \$5.00

AÇAI BOWLS \$13.00

TRADITIONAL AÇAI BOWL

Acai with coconut pulp & chia seeds

POMEGRANATE AÇAI BOWL

Acai with pomegranate, strawberry & raspberry (Garish hemp seeds , coconut pulp)

MANGO COCONUT BANANA AÇAI BOWL

Acai with mangos & banana and coconut shredded (Garnish hemp seeds)

HAZEL NUT BUTTER GRANOLA AÇAI BOWL

Acai with granola hazelnut chocolate (Garish hemp seeds , Granola, chai seed)

VERYBERRY ANTIOXIDANT AÇAI BOWL

Acai with assorted Berries• Hemp Seeds & Peanut Butter

***ANY NUTS OR FRUITS ADD ON+ \$1.50 EACH +*

HOUSE ICE CREAM & MYLKSHAKES

(MYLKSHAKES; ONLY 16 OZ)

MAIN BASE: VANILLA OR RAW CACAO CHOCOLATE

8 OZ- \$ 8.50 | 16 OZ-\$ 14.50 CREATE YOUR OWN - \$1.00 (EACH)



SALTED CARAMEL
HAZELNUT
ALMOND PIECES
CASHEW PIECES
HEMP SEEDS
BRAZIL NUT
GRANOLA
PEANUT BUTTER
MIX NUTS
WALNUT
PECAN
MATCHA

MIX BERRIES
JACKFRUIT
DRAGONFRUIT
PINEAPPLE
APPLES
STRAWBERRY
MANGO
BANANAS
LAVENDER
COCONUT
MANGO
FRESH COFFEE

PISTACHIO
OREOS
CHUCK OF DATES
PUMPKIN SPICE
CHOCOLATE CHIPS
RAINBOW SPRINKLES
CHOCOLATE SPRINKLES
MARSHMALLOWS
AMARETTO
MANGO BOBA
LYCHEE BOBA



HOUSE BREWERS COFFEE & TEAS

BASE MYLKS - ALMOND or SOY

LATTE HOT COFFEE (12 OZ)	\$6.50
LATTE HOT COFFEE (16 OZ)	\$7.50
COLD FRAPPUCCINO COFFEE (12 OZ)	\$7.50
COLD FRAPPUCCINO COFFEE (16 OZ)	\$8.50
COLD ICE BREW/ COFFEE (16 OZ)	\$7.50
COLD ICE BREW COFFEE (12 OZ)	\$6.00
AMERICANO COFFEE (16 OZ)	\$6.50
AMERICANO COFFEE (12 OZ)	\$5.50
HOT BREW COFFEE (12OZ)	\$6.25
HOT BREW COFFEE (16 OZ).	\$7.50
ESPRESSO SINGLE SHOT	\$2.75
ESPRESSO DOUBLE 2X SHOT	\$4.75
MATCHA LATTE (12 OZ)	\$8.75
MATCHA LATTE (16 OZ)	\$10.00
GREEN TEA (12 OZ)	\$6.00
GREEN TEA (16 OZ)	\$8.00



ADD A SPECIALITY MYLK \$ 2.95

ASK FOR SWEET MYLK OR UNSWEET

BRAZIL NUT MYLK • PUMPKIN SEED • HEMP SEED • OAT
CASHEW • WALNUT MYLK • PISTACHIO MYLK • SUNFLOWER SEEDS
PECAN

ADD ON FLAVORS \$ 1.25

VANILLA -SALTED CARAMEL- HAZELNUT- PUMPKIN SPICE-
RAW CACAO- AMARETTO- PISACHIO- MATCHA-
CINNAMON- MCT OIL - MAPLE SYRUP